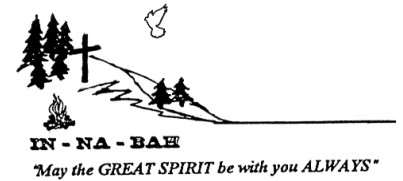


Dear Parent/Guardian of a Mini-Camp Camper: Events # 326/327, # 337/338

Welcome to Innabah's New Camp Program Mini Camp & Mini Camp Plus. Thank you for your registration to this exciting camping program. Our Camp Director and staff are excited that your child is coming to camp. Please read carefully the information noted below as it will answer many of your questions and share several of our concerns as well.



A. REGISTRATION:

Mini Camp Registration: will begin at **3:00 p.m. in the Dining Hall on June 29 and August 10**. Plan to arrive between 3pm and 4pm for registration. **Early registration is not permitted. Pick up is Friday, July 1 and August 12 between 4:00-5:00PM in the Farmhouse lounge.**

Mini Camp Plus Registration: begins promptly at **9:00 am on Monday, June 27th** at Day Use and on **Monday, August 8th in the Farmhouse**. On Wednesday, June 29th and August 10th, at 8:15AM -8:30 AM please bring everything for your child's overnight experience to the Farmhouse. Our staff will direct/help you get your child items into their cabin. Please have a backpack for them on Wednesday with their swimsuit and towel.

Please bring the following items to registration:

Balance Payment : If you have not paid your balance, **you must** do so at registration.

Bring these **COMPLETED** Forms:

Health History, Parent/Video Release,

Authorization of Medication Administration (If bringing **any** medication to camp - either over the counter or prescription medications. Prescriptions **MUST** be in the camper's name).

- B. **CAMP STORE:** will be OPEN during check-out times. It is encouraged to make purchases of higher price and those requiring correct sizing at these times.
- C. **Clothing:** Please remember this is a day camp experience and campers will be outdoors most of the time, so please dress for camp. Packing extra clothes and a bathing suit, towel and sun screen for each day is a great idea. Campers will be required to take off their wet swimsuits and change into dry clothes after swimming. A jacket or sweatshirt is also good to pack just in case of cold weather. **** **Please see back side for an Overnight Packing List for Mini Camp and Mini Camp Plus** ****
- D. Please be extremely careful when driving on camp. Take any and all precautions when entering and leaving the Day Use Area as small campers are difficult to see. Also, please walk your camper to the pavilion each morning for registration.
- E. Your camper will be welcomed by the Day Camp Director and/or their counselor and then begin to participate in get acquainted activities with other Day Campers. Along with a day full of activities, Lunch will be provided by the Innabah Staff.

Pickup Time – Mini Camp Plus campers should be picked up at 4:00PM on Monday and Tuesday. At the conclusion of Mini Camp Plus and Mini Camp, campers should be picked up on Friday between 4:00- 5:00PM in the Farmhouse. Luggage will be in the lounge.

P.S. Don't forget the OVERNIGHT CHECKLIST on page 2!

WHAT TO BRING WITH YOU TO CAMP:

(PLEASE label everything with camper's name/initials)

1) The following completed and signed forms:

- Health History Form
- Authorization for Medication Form ******(Only if bringing any kind of medication to camp)
- Parent/Video Release

2) Linens

- sleeping bag or sheets and blankets
- pillow
- towels and washcloth

3) Clothing and Footwear

- clothing for each day of camp, include extra socks (**appropriate** for a Christian Camp)
- jacket or sweatshirt
- rain gear
- hat
- two pair of old, sturdy shoes or sneakers and shoes to wear on creek hikes!
(sandals, flip-flops, & open shoes are for pool & showers only)
- bathing suit (**appropriate** for a Christian Camp. **PLEASE, no bikini's**)

4) Essential Items

- medications with authorization form
- toothbrush, toothpaste, shampoo, soap, other necessary toiletry articles
- Bible
- sunglasses, sun block
- water bottle
- flashlight with extra batteries
- non-aerosol insect repellent
- notebook, pen, or pencil

THANK YOU for NOT BRINGING: Video Games, **Cellular Phones/Beepers**, Snack Foods, Personal First Aid Kits, Knives, or any inappropriate items that will take away from a great camper experience. **(If any of these items are brought to camp they will be taken for safe keeping and returned to you at the end of your week.)**

DIRECTIONS to INNABAH , 712 Pughtown Road, Spring City, PA 19475:

Innabah is located in Chester County, East of Rt. 100 at Pughtown Rd, which is just South of Rt. 23. **From the South**, exit at the Downingtown interchange of the PA Turnpike(Exit #312) and go North on Rt. 100 about 8 miles to Pughtown Rd. Turn Right onto Pughtown Road. The camp entrance is $\frac{3}{4}$ of mile on the right. **From the North**, follow Route 100 South to Pughtown Rd. Turn Left onto Pughtown Road. The camp entrance is $\frac{3}{4}$ of mile on the right.



Eastern PA Conference/United Methodist Church

HEALTH HISTORY FORM

(To be completed and signed by parent/guardian; please print or type all entries)

Completed form must be brought to camp -

PLEASE DO NOT MAIL

For Camp Use Only:

Camp # _____

Housing _____

GENERAL INFORMATION

CAMPER'S NAME _____ GRADE COMPLETED _____
(Last) (First) (MI)

Social Security # _____ BIRTHDATE _____ AGE _____ SEX: M ___ F ___ HEIGHT _____ WEIGHT _____

NAME OF PARENT/GUARDIAN _____
(Please Circle One) (First) _____ (MI) _____ (Last) _____

ADDRESS OF PARENT/GUARDIAN _____
(Street) (City, State, Zip)

PHONE NUMBERS OF PARENT/GUARDIAN
Father/Guardian: Home-() Work () Cell -()

Mother/Guardian: Home-() Work () Cell -()

IN CASE OF EMERGENCY, IF PARENTS/GUARDIANS CANNOT BE REACHED, PLEASE NOTIFY:

NAME _____ RELATIONSHIP TO CAMPER _____

ADDRESS _____ PHONE () _____

PHYSICIAN'S NAME _____ PHONE NUMBER () _____

FAMILY MEDICAL/HOSPITAL INSURANCE CARRIER

POLICY ID # _____ POLICY/GROUP # _____ POLICY HOLDER'S SSN _____
(This information is required since each camper is covered by limited accident and medical insurance in excess of parent's own insurance; **CAMP'S POLICY IS A SECONDARY POLICY**. PA state law prohibits duplicate payments.)

For minor illness or injury, the following medications are available to administer to campers **as needed** (based on our standing medical orders): Acetaminophen/Tylenol, Ibuprofen, Milk of Magnesia, Mylanta, Kaopectate, Diphenhydramine/Benadryl, Robitussin, Pseudoephedrine/Sudafed, Antibiotic Ointment, Caladryl, Desenex, Chloraseptic spray and lozenges, Swimmer's Ear Drops, Anbesol, Hydrocortisone Cream.

Do not administer above medications Administer above medications

Administer above medications except _____

Signature _____

CERTIFICATION AND AUTHORIZATION ***MUST BE COMPLETED FOR ATTENDANCE**

I certify that the information provided on both sides of the Health History Form is, to the best of my knowledge, complete and accurate. I know of no reason(s), other than the information indicated on this form why my son/daughter/camper should not participate in all camp activities. I take full responsibility for any medical problems (illness or injury) that occur as a result of my failure to disclose medical conditions, restrictions, or limitations of my child. I understand the State of PA requirement that all campers be examined by the Health Care Staff on the day of registration and give my permission for the conduct of such an examination.

My son/daughter/camper _____, has permission to participate in the activities associated with the summer camping program of the Eastern Pennsylvania Conference/United Methodist Church. Further, in the event of an illness or emergency, the Program Center Director or designee is authorized to act in my behalf in securing medical treatment for my child named above.

Signature of Parent/Guardian _____ Date _____

Page 2 of Health History Form

TO GIVE APPROPRIATE CARE TO THE CAMPER WHILE HERE AT CAMP, PLEASE COMPLETE THE FOLLOWING INFORMATION ACCURATELY - THANK YOU

DATE OF CAMPER'S LAST HEALTH EXAM _____ WERE ANY PROBLEMS NOTED AT THAT TIME? ___ YES ___ NO
SINCE THE CAMPER'S LAST HEALTH EXAM, HAS HE OR SHE HAD ANY OF THE BELOW:

- A serious injury requiring medical attention ___ Yes ___ No
Surgery or a fracture ___ Yes ___ No
A diagnosed infectious disease ___ Yes ___ No
Exposed to any communicable disease ___ Yes ___ No
**A physician's restriction in any physical activity ___ Yes ___ No
**Medication prescribed ___ Yes ___ No

PLEASE EXPLAIN : _____

** A physical examination may be required to participate in physically active camps. (See camper letter) NO Medication will be given without completed medication forms!

Is the camper currently under a physician's care for a medical problem? (Describe)

Are all immunizations up to date? ___ Yes ___ No Date of last Tetanus (DPT,DT,TT) Shot MUST be listed here _____

Has the camper ever had or now have any of the following medical problems?

- Asthma, Frequent ear Infections/cold /sore throats, Chicken Pox, HIV, TB, Diabetes, Bleeding/Clotting Disorder, Convulsions/Seizures, Heart Disease or Defect, Hypertension, Kidney Disease, Behavioral/Emotional Problems, Sickle Cell Disease, Other: Please explain : _____

Please check the following conditions that apply to the camper:

- Athlete's Foot/Ringworm, Bed Wetting, Sleepwalking, Special Diet, Fainting, Motion Sickness, Hearing Impairment, Ear Tubes, Wears Glasses/Contacts, Menstrual Cramps, Stomach Upsets, Homesickness, Nosebleeds, Constipation

Please explain : _____

Does the camper have any of the following allergies? (Please check and describe)

ALLERGIES: Describe Treatment

- Medications, Seasonal/Environmental, Insect Stings, Other

FOR CAMP USE ONLY: ON-SITE HEALTH EXAMINATION
General Health Condition:
Illnesses experienced or exposed to during preceding 30 days:
Recommendations and restrictions (activity, diet, etc):
Skin Lesions/Bruising: Other
Signature of Examiner Date



EASTERN PENNSYLVANIA CONFERENCE OF THE UNITED METHODIST CHURCH
Camp Innabah, 712 Pughtown Road, Spring City, PA 19475

AUTHORIZATION FOR MEDICATION ADMINISTRATION

PLEASE NOTE: **ALL PRESCRIPTION AND NON-PRESCRIPTION MEDICATIONS MUST BE AUTHORIZED BY A PHYSICIAN/PROVIDER.** You may copy this form.

Child's Full Name _____

Reason for Medication(s) _____

If your camper must receive medication during his/her scheduled summer camping session, please complete this form and bring it along with the prescribed medication to camp with the camper. All medications and forms will be checked at camp registration on the start day of your camper's event. **NO Medication will be accepted unless his/her name is on the original prescription.** Campers using over the counter medications daily must have this form signed and brought to camp with the medication.

PRESCRIBING PHYSICIAN INFORMATION - I certify that it is imperative that the medication prescribed below be taken during this child's camping session.

(Physician's Name) _____ (Physician's Signature) _____ (Phone) _____ (Date) _____

Medication Name(s) / Dosage(s)	Time(s) : B-Breakfast, L-Lunch, D-Dinner, HS-Bedtime
	<input type="checkbox"/> B <input type="checkbox"/> L <input type="checkbox"/> D <input type="checkbox"/> HS <input type="checkbox"/> Other_____
	<input type="checkbox"/> B <input type="checkbox"/> L <input type="checkbox"/> D <input type="checkbox"/> HS <input type="checkbox"/> Other_____
	<input type="checkbox"/> B <input type="checkbox"/> L <input type="checkbox"/> D <input type="checkbox"/> HS <input type="checkbox"/> Other_____
	<input type="checkbox"/> B <input type="checkbox"/> L <input type="checkbox"/> D <input type="checkbox"/> HS <input type="checkbox"/> Other_____

PARENT AUTHORIZATION

I, _____ give my consent to the Health Care
(Name of Parent/Guardian)
Staff to administer the above medication(s) to my child/camper _____
(Name of Camper)
during their time at Camp Innabah from _____ through _____
(Starting Date) (Closing Date)
(Signature of Parent/Guardian) _____ Date _____

THIS SECTION COMPLETED BY HEALTH CARE STAFF ONLY

- Permission form completed
- Date on label is current
- Inhaler and/or Epi-Pen w/ camper (either with individual or counselor)
- Safety type container
- OTC, original container and current
- Original prescription label
- Name of child is on label
- Name of drug, dose, & frequency of admin on label

(Health Care Staff Approval) _____



Innabah Photo/Video Release

Camper's Name _____

I give my permission for Innabah to:
Photograph/video tape my camper during their camp session for the weekly group photo and weekly camp dvd. Additionally, they may be photographed/ video taped for the purpose of promotion of camp and retreat ministries. This is including, but not limited to, newsletters, displays, Innabah websites, and UMCwebsites.

I do not give my permission for Innabah to:
 Photograph/Video tape this camper for promotional purposes.
 Photograph this camper for the weekly camp photo
 Photograph/Video tape this camper for the weekly dvd

Signature of Parent/Guardian _____ Printed Name _____

Check us out on the web at:
www.innabah.org
Or join us on Facebook at:
Camp Innabah Official Fan Page

**PARENT/LEGAL GUARDIAN AUTHORIZATION
ONLY FOR MINI CAMP PLUS DAY CAMPER RELEASE**

Camper Name _____ Camp Number _____

**THE CAMPER NAME ABOVE WILL BE
PICKED UP AT CAMP BY**

(circle number to indicate authorized person(s):
List Names Below

- A. Mother and/or Father _____
- B. Mother only _____
- C. Father only _____
- D. Legal Guardian _____

Or, the person(s) listed below have my permission
to pick up the above-named camper at camp:

NAME

- 5. _____
- 6. _____

**THIS SECTION MUST BE COMPLETED AT TIME OF
CAMPER PICK UP.**

Day	Authorized Person # From Side	Authorized Release Signature	Counselor Initial
1			
2			

**THIS FORM MUST BE TURNED INTO THE CAMP STAFF
AT REGISTRATION!! A NEW FORM IS REQUIRED EACH
WEEK!**

SIGNATURE OF PARENT/LEGAL GUARDIAN:

_____ Date _____

EASTERN PENNSYLVANIA CONFERENCE, UNITED METHODIST CHURCH
MINI CAMP and MINI CAMP PLUS- CAMPER RELEASE

Camper Name _____ Event Name _____
Event # _____

**Release my camper for pickup from Innabah to the following person(s):
Check boxes to indicate the authorized person(s):**

- | Name | Contact # |
|---|-------------------------|
| | Cell phone if available |
| <input type="checkbox"/> Mother and/or Father _____ | _____ |
| <input type="checkbox"/> Mother only _____ | _____ |
| <input type="checkbox"/> Father only _____ | _____ |
| <input type="checkbox"/> Guardian/Agency _____ | _____ |
| <input type="checkbox"/> Other _____ | _____ |
| <input type="checkbox"/> Other _____ | _____ |

**SIGN-OUT SECTION - END OF CAMP
PROGRAM (Office Use Only)**

Person named above picking up camper
(circle): Mother, Father, Guardian,
Agency, Other**must be listed on the
side!

Date/Time

Counselor verification that person signing below
picked up camper:

Signature: _____

Authorized Release Signature:

Signature: _____

SIGNATURE OF PARENT/LEGAL GUARDIAN:

_____ Date _____



Thank you for
supporting the
ministries at Innabah!

A United Methodist Church Camp
www.innabah.org, camp@innabah.org,
or 610-469-6111

Year Round Opportunities

- _ Overnight Retreat Facilities available for rental
- _ Day Retreats
- _ Summer Camp for all ages! Birth-Adult
- _ Day Camp – 3 Year olds - 5th Grade - Available
7:30AM- 5:30PM depending on ages.
Great discounts for more than one child
registering for day camp!
- _ Picnic Rentals - Pavilions for rent!
- _ Gym Rental
- _ Pre-school Days in the Fall – Free Hayrides and
lunch. Call to be added to the mailing list.
- _ Ways to Support Innabah: Pray for our ministries,
Help us financially, Volunteer, Donate Items
on our wish list, and more!

INNABAH WISH LIST

IMMEDIATE NEEDS

- ** Replace carpeting in Farmhouse/
Offices -\$8,000
- ** New Walkways to Orchard and Sky Hill(donation
coming!)
- ** Bob Cat/Front End Loader/Etc

SUMMER 2011 NEEDS

- ** Volunteer nurses for check-in or the week!
- ** Volunteer counselors—must be 18
- ** Summer Staff—must be at least 16

IN THE NEAR FUTURE

- ** Steam pots for the kitchen -\$?
- ** Financial gifts to assist with the budget
- **New Playground Equipment

ANYTIME NEEDS

- ** Volunteer work groups
- ** Duct Tape/Masking Tape
- ** Chain Saws
- ** Sports equipment
- ** Markers
- ** NIV Bibles for campers

**Please call us if you have any questions
about our wish list! Thanks for your
support!**



2011 Innabah Events

March 4-6– Summer Staff Interview Weekend

For more information, please Christy Heflin at
innabahdirector@aol.com- You can apply online at
www.innabah.org.

Friday, May 6 - Golf Tournament –Spring Hollow Golf Course

For more information, email Christy Heflin at
Innabahdirector@aol.com
Hole Sponsors, Patrons, Prizes and Golfer's Needed!

Sunday, June 5- Summer Open House 2:00PM-5:00PM

Lots of activities for the family! Camp tours, boating,
swimming, food, and fellowship! Check out our website
for more details! Calling all alumni! Watch for details
about our staff reunion June 3-5. Come visit us on this
special day!

Monday, June 13- Summer Camp Begins

For more information, check us out on the web at
www.innabah.org or call us 610-469-6111. You can
register online at www.innabah.org

Saturday, December 10 - Christmas Open House 2:00PM-5:00PM

Overnight lodging is available for the weekend at a
discounted rate call for more information 610-469-6111.
Join us for this wonderful holiday event.

Upcoming Retreats in 2012

- Children's Retreat – Grades 2-5 – January 20-22
- Youth Retreat – Grades 6-9- January 20-22
- Women's Retreat – Adults – January 20-22

Watch us Grow!

10 New Cabins Completed! 2 more to go in 2011
-one in the spring and one in the fall

Day Use Bath House –finished in Spring of 2011!

Eagle Scout Projects – 34 completed since 2001, 3
in progress

Donate online anytime at www.innabah.org!